



Cranbrook Primary School Newsletter

Issue: 34
26th June 2024

Thought of the week

"Tolerance implies no lack of commitment to one's own beliefs. Rather it condemns the oppression or persecution of others." (John F. Kennedy)

Message from the Headteacher:

Dear Parents/ Carers,

This week saw the observance of Windrush Day. It was first officially recognised as a day of celebration in 2017 and takes place on 22 June each year to mark the anniversary of the arrival of HMT Empire Windrush on 22 June 1948.

According to records, the ship was carrying 1,027 passengers, 802 of whom gave their last country of residence as somewhere in the Caribbean; additional documented countries of residence are India, Pakistan, Kenya and South Africa.

On this day we recognise and thank all those who arrived on Empire Windrush (known as the Windrush Generation), and their descendants, for the enormous contributions they made to Britain during its recovery from the Second World War and have continued to make ever since.

Immigration has always been a key contributor to the economic wellbeing of the UK as well as contributing to the rich diversity and culture we all get to enjoy so it is important for us to celebrate our ancestors who gave so much and value those who join our communities now, contributing to all facets of community life

It is also crucial for our students to understand this part of our history and appreciate the diverse fabric that makes our school and our country so vibrant.

Thank you for your continued support in promoting an inclusive and respectful school environment. Let us all take a moment today to reflect on and celebrate the invaluable contributions of the Windrush generation to our shared history and culture.



Use of School Premises by Election Candidates

Election candidates are entitled to use school premises to hold election related meetings under the Representation of the People Act 1983. Their use of school premises does not mean the school is showing support. Cranbrook school remains impartial in all political matters.



Key Dates

Term Dates for 2024

Summer Term 2024:

Monday 15th April-Tuesday 23rd July 2024

Half Term break:

Monday 27th May-Friday 31st May 2024

Monday 22nd April 2024-Monday 17th June 2024

2Red -Class assembly on Friday 28th June at 2:30pm in the main hall.

2Yellow-Class assembly on Friday 5th July at 2:30pm in the main hall.

Year 2 Blue-Class Assembly on Monday 15th July at 2.30pm in the main hall.

Thursday 20th June 2024

Reception Red-Trip to Wellgate Farm

Reception Green-Trip to Wellgate Farm

Wednesday 26th June 2024

CFA Sumer Fair for all

Thursday 27th June 2024

Reception Yellow-Trip to Wellgate Farm

Reception Blue-Trip to Wellgate Farm

Friday 28th June 2024

All Year 4 Classes to visit Polka Theatre Wimbledon

Tuesday 23rd July 2024

Year 6 Leavers Assembly to parents- 9.30am-Main Hall



Online Safety:

For Parents - WhatsApp Safety Guide

Given that WhatsApp is one of the most popular messaging apps in the world it's no surprise I find children from Year 3 upwards using it with very little understanding of what safety features are available. Internet Matters has a great guide for parents about privacy settings, where to get support and more.

<https://www.internetmatters.org/resources/whatsapp-safety-a-how-to-guide-for-parents/>

Lost Property If your child has lost an item of clothing in school, please take a look at the **Lost Property Tubs**, which are located in the school playground by the green sheds.



School Website:

I would encourage all Parents/Carers to visit the school website regularly to read and note new updates and information. It is full of key information. By the end of this week, we will have the updated curriculum overviews up for you to know in advance what we will be focussing on for the next half-term.

Update Contact Details / Emergency Information

If you have changed any contact details, such as phone numbers or your address, please let the school office know urgently, so that we can make contact in an emergency situation.



Tuesday 23rd July 2024

**Year 6 Leavers
Assembly to parents-
9.30am-Main Hall**

Redbridge Music Services

The Music Service has scheduled several musical activities during the summer holidays.

The Redbridge Music Service would like to draw particular attention to the two **Find Your Instrument** days designed to help children decide what instrument they'd like to play from September. Children can come along and have a 30-minute taster session with others in a group to see which instrument they may like to learn from September.

From the link below, parents/carers can scroll down and all the music listings appear. They can then be booked online.

<https://bookwhen.com/megamix?tags=Music#focus=ev-sqdg-20240729100000>

Family Maths Challenge:

Answer to last week's challenge:

Seven (take the s off and the odd number becomes even)

THIS WEEK'S CHALLENGE:

If you add 5 to 9, how will you get 2?



School Council Elections-4TH July

Cranbrook are in search of new school council representatives to take us into the new academic year. On July 4th, each class (next year's Year 2 to 6) will hold votes to elect their new representatives - a girl and boy from each class.

Parents please encourage your children to become confident communicators by supporting them to write a one minute speech about why they should be elected.

Here are some points to consider in your speech:

1. Why they want to be school councillor?
2. What changes they want to make to the school? (Choose 3 main points)
3. Words of encouragement to the class to ensure that you will be a good councillor

New school councillor from each class will be announced week beginning 8th July.

Good luck everyone!

**The School Council Team
Rachel, Indie, Kayley, Shahnaz and Munira.**

Sports Days Wednesday 3rd, Thursday 4th and Friday 5th July 2024

Please see the below dates for Sports days 2024:

Wednesday 3rd July – EYFS

Thursday 4th July - Years 1 to 3

Friday 5th July - Years 4 to 6

Hubs, ARP and Cube will have their Sports day separately.

More information will be shared in the following weeks.



Barracudas Summer Camp:

Please see the flyer attached for more information.



Attendance Winners

Remember Good attendance= Good Progress

Email address to report an Absence:

Please report any absence for your child on the email address below:

**absence@cranbrookprimary.re
dbridge.sch.uk**

Gold Awards: Hamzah. C, Zainab. I-1G, Faiyaz. A-2R, Aailma. H, Zainab. J, Zaid. K, Ajwa. S-2Y, Asiya. A, Zain. A, Faseel. R-2G, Camilla. H, Fatima. H, Gurpreet. G, Alamin. U, -3R, Abdullah. O, Alex. R, Asghar. A, Ayla. H, Carina. L, Alinne. B, Inaya. T, Sara. H, Jamie. H, Neyayesh. A, Rafay. A, Shahd. E, Shanzy. T-4Y, Gesea. S, Chidumebi. A, Mujtaba. H, Haaniya. S-4R, Mattias. I-4G, Ahraz. S-4B, Anaya. R, Lloyd. M-5Y, Holly. S, Muazzez. K-5Y, Rukayat. T, Yusuf. H-5B, Alex. B-6Y, Daniyal. H-6B

Headteacher's Award:

Holly. S-5G

Reception Star of the Week:

**Qaasim. R, Krishika. M-RG,
Alayna. D, Noor. S-RY, Yahya. S,
Nabha. R-RR, Qasim. M,
Ibrahim.M-RB**

Achievement Awards for PSHE P4C:

Star of the ARP:

Damilola. O



Name	Class
Mustafa. I	1R
Inaya. U	1Y
Yusuf. R	1G
Sophia. T	1B
Zahra. S	2R
Chimamanda. A	2Y
Jaruthika. J	2G
Muna. A	2B
Anaya. W	3R
Ewa. R	3Y
Rohan. D	3G
Eliza. A	3B
Musa. P	4R
Rafay. A	4Y
Safiyah. P	4G
Rares. I	4B
Ali. A	5R
Arvin. S	5Y
Muhammad. Badar	5G
Haziq. K	5B
Mariia. B	6R
Alisha. C	6Y
Asya. B	6G
Ayaan. A	6B

Well done everyone!

Rights Respecting:



Article 18

Responsibility of parents: Parents are the main people responsible for bringing up a child. When the child does not have any parents, another adult will have this responsibility and they are called a "guardian". Parents and guardians should always consider what is best for that child. Governments should help them. Where a child has both parents, both of them should be responsible for bringing up the child. We learn about different family types in our PSHE lessons - we know that some children have guardians, foster parents or adoptive parents.

It is important that all parents, adults and children know the rights of a child. They should be followed always. They protect children from danger. By learning and following the rights of a child, we ensure we protect children and give them freedoms to express themselves.

CFA Summer Fair 2024

Dear Parents/Carers, pupils, their families and friends are invited to our CFA Summer Fair at Cranbrook Primary School. The Fair is taking place today **Wednesday 26th June 2024** from 3pm – 5pm. Entry is free and there will be a raffle, games, food trucks, face painting, Mehndi, toy stalls, clothes stalls, jewellery stalls, etc. Cash payments will be accepted on all stalls. Card payments will also be accepted on some stalls. We look forward to seeing you all there for an afternoon of fun!

Looking after your Mental Health-

Eating Well

Like exercise, your diet has an impact on your physical and mental wellbeing. A good, well-balanced diet can also help with preventing and easing symptoms of mental illness. For common disorders such as depression and anxiety, a balanced diet, along with other methods, can help boost your treatment.

When facing mental health or illness symptoms, your diet might not be at the top of your list. You might not want to eat or even be overeating for comfort. Or you may be relying on ready-made meals and processed foods because you don't have the energy or desire to cook. Financial strains may also be playing a role in maintaining a balanced diet. It can be hard to prioritise when you're feeling low.

But small changes with conscious decisions made around your nutrition can:

Improve energy levels

Improve concentration

Help you sleep better



Who Inspires YOU!

We would love you, our parents & carers, to share recommendations of individuals who inspire you or your children, especially from your own culture.

Your diverse insights will contribute to a variety of inspirations within our school community.

Please send them to:

Admin.cranbrookprimary@redbridge.gov.uk



Celebrating Cultural Connections- **Celebrating diversity across our school:**

Knut-Sverre Horn

Knut-Sverre is a reporter for the Norwegian Broadcasting Corporation. He's been a bird and wildlife enthusiast for as long as he can remember, saving money for his first binoculars at age seven, getting his first SLR camera at age 12 and having his photos published in national magazines at age 14.

His entry for wildlife photograph of the year, offers a glimpse of kittiwake chicks illuminated in an abandoned factory. From his vantage point inside an abandoned fish-processing factory, Knut-Sverre kept watch on the black-legged kittiwakes tending to their chicks on the windowsill. As midnight approached, the low summer sun struck the north-facing window, sharpening the birds' silhouettes and giving him the image that he wanted. Kittiwakes naturally nest on the narrow ledges of high, steep coastal cliffs. Recently numbers have plummeted, and some have headed for urban areas due to shortages of food caused by warming oceans and pollution.